



INITIAL DEXA SCAN

NAME: _____ DATE: _____

ADDRESS: _____

CITY, STATE, ZIP _____ RACE: _____

PHONE: _____ DOB: _____ AGE: _____ M or F

PHYSICIAN: _____ SSN: _____

PERSONAL HISTORY

- Do you drink alcoholic beverages? **Y or N** If yes, how many per day? _____
- Do you smoke? **Y or N** If yes, how many cigarettes per day? _____
For how many years? _____
If you have quit smoking, for how many years did you smoke? _____

MEDICAL HISTORY

- Current weight: _____
- Height at age 30: _____
- Have you ever had any of the following illnesses:
 - Alcoholism Hyperparathyroidism Chronic Kidney Disease Osteoporosis
 - Anorexia/Bulimia Hyperthyroid Chronic Liver Disease Paget's Disease
 - Blood Clots Hypothyroid Cushing's Disease Rheumatoid Arthritis
 - Breast Cancer Malabsorption Diabetes
- Do you have a family history of osteoporosis? **Y or N** If yes, who? _____
- Parent with a hip fracture? **Y or N**
- Please list all surgeries and give dates.

(CONTINUED)

MEDICAL HISTORY(continued)

- Please list all current and/or past fractures

Location

Date

Cause

For Women Only

- Date of your last menstrual period: _____
- Have you ever had a hysterectomy? **Y** or **N** If yes, when? _____
- Have your ovaries been removed? **Y** or **N** If yes, when? _____
- Have you been through menopause? **Y** or **N** If yes, what age where you? _____

MEDICATION HISTORY

- Please list all medications you are currently taking including dosage and number of times taken daily. Include vitamins and over the counter medications.

- Have you ever taken any of the following medications?

Steroids: **Y** or **N**

Osteoporosis Medications: **Y** or **N**

Started: _____ Duration: _____

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